



Practice Extend

In today's ever-evolving environment, doing right by your patients takes teamwork. Market, regulatory and other changes create patient care challenges and staff challenges.

Optum® Practice Extend is a comprehensive program provided to independent PCPs on behalf of health plan clients. It offers your practice an interdisciplinary team to help advance the health and wellness of your patients, at no cost to you or your patients. Practice Extend helps you:

- Deliver more proactive care to your patient population
- Create positive impact on patient outcomes
- Grow revenue without adding administrative burden





The Optum Practice Extend team collaborates with you and your staff to support caring for your patients. Here are some of the many ways the Optum Practice Extend team can help:

- Post-discharge care
 - Perform medication reconciliation
 - Help patients schedule a follow-up PCP appointment within 7 days of discharge
- Identify and stratify high-risk patients
- Optimize medication regimens by performing comprehensive medication reviews for you to evaluate
- Recommend and assist with scheduling 90-day PCP visits
- Support patients and staff with timely in-network specialist appointment scheduling

Net Promoter®, NPS®, NPS Prism®, and the NPS-related emoticons are registered trademarks of Bain & Company, Inc., Satmetrix Systems, Inc., and Fred Reichheld. Net Promoter ScoreSM and Net Promoter SystemSM are service marks of Bain & Company, Inc., Satmetrix Systems, Inc., and Fred Reichheld.

Proven results*

3%

MedEx reduction over the first 2 years*

67

Net Promoter Score® (NPS) among participating providers

78%

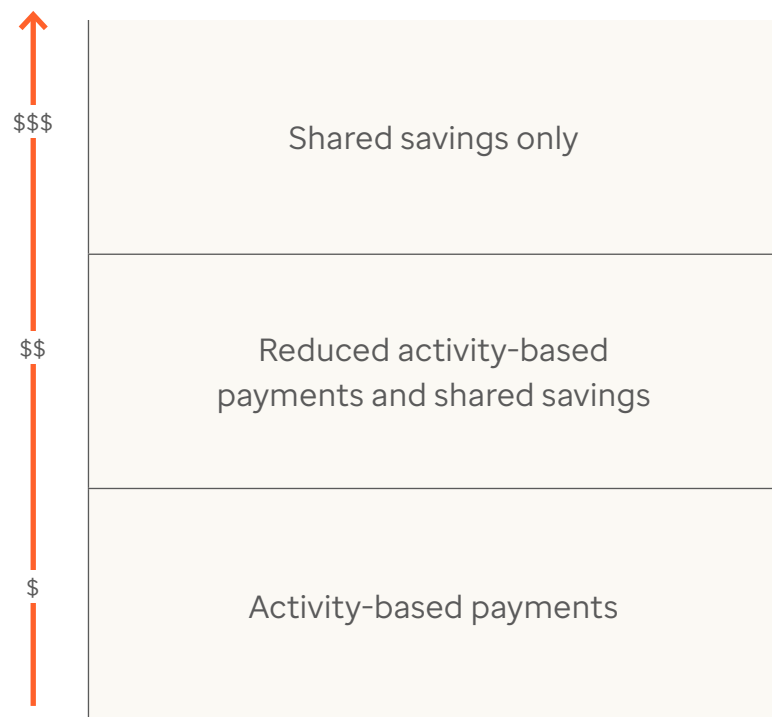
completion rate on targeted member interventions

* Historical program performance across clients 2020 through 2021. Not a guarantee of future performance. Your results may vary.

Performance Incentives program

Providers participating in the Practice Extend program may also take part in the provider Performance Incentive program. The program helps you support your population health activities by offering financial incentives that are activity based. As the program evolves and we engage you in more population health activities, the associated incentive opportunities will also evolve.

Incentive model



As you move along your value-based care journey, additional program benefits can be deployed that:

- Extend current interventions
- Deploy new interventions
- Increase focus on specific outcomes
- Improve program efficiency



There are many ways your practice, staff and patients may benefit from the Practice Extend program. Here are some examples:



Improve patient outcomes

Provide additional clinical team resources to target patient needs resulting in more proactive patient-centered care



Enable practice revenue growth

Various incentives and performance improvement opportunities give you the ability to grow practice revenue



Access to care resources

Expand your clinical support team at no additional cost to your practice or patients.



Reduce patient follow-up activities

Our team becomes an extension of your office to support scheduling for: annual physicals, post-discharge and specialist appointments to help you and your staff spend more time caring for patients.



optum.com

Optum is a registered trademark of Optum, Inc. in the U.S. and other jurisdictions. All other brand or product names are the property of their respective owners. Because we are continuously improving our products and services, Optum reserves the right to change specifications without prior notice. Optum is an equal opportunity employer.

© 2023 Optum, Inc. All rights reserved. WF11981168 10/23